## **Claims**

- [c1] I claim:
  - 1. A three-step cosmetic dermabrasion system suitable for facial or body application comprising:
  - (i) A dermal resurfacing adhesive composition, and
  - (ii) A dermal polishing composition, and
  - (iii) A dermal regenerating composition.
- [c2] 2. A composition according to claim 1, wherein cosmetic skin resurfacing adhesive composition is a hot-wax or a cold-wax adhesive composition comprising:
  - (i) At least one skin binding composition, and
  - (ii) At least one protective coating composition, and
  - (iii) At least one liquid binder composition that binds with the ingredients of the compositions in (i) and (ii).
- [c3] 3. A composition according to claim 1, wherein dermal polishing composition comprising:
  - (i) At least one crystalline or solid material suitable for skin polishing, and
  - (ii) At least one skin softening composition, and
  - (iii) A carrier base or delivery system composition.
- [c4] 4. A composition according to claim 1 wherein dermal

regenerating composition comprising:

- (i) At least one collagen synthesis booster composition, and
- (ii) At least one anti-inflammatory composition, and
- (iii) At least one blood microcirculation enhancing composition, and
- (iv) At least one emollient composition, and
- (v) A carrier base or delivery system composition.
- [C5] 5. A composition according to claim 1, wherein components for dermabrasion system can additionally contain topical anesthetics such as, but not limited to, benzocaine, dibucaine, dyclonine, lidocaine, pramoxine, tetracaine, ephedrine, epinephrine, and phenylephrine and their various salt derivatives.
- [c6] 6. A composition according to claim 2, wherein skin binding composition can be from 50% to 99%.
- [c7] 7. A composition according to claim 2, wherein protective coating composition can be from 0.0001% to 20%.
- [08] 8. A composition according to claim 2, wherein liquid binder composition can be from 1% to 50%.
- [c9] 9. A composition according to claim 2, wherein such compositions are manufactured at temperatures much less than 80°C.

- [c10] 10. A composition according to claim 2, wherein such compositions can be packaged in various packaging forms that includes tubes, jars, bottles, roll-on, glide-on, single application dispensers, adhesive strips, precoated and pre-formed fabric, plastic, or paper applicators, and such.
- [c11] 11. A composition according to claim 3, wherein skin polishing composition can be from 0.1% to 50%.
- [c12] 12. A composition according to claim 3, wherein skin softening composition can be from 0.1% to 50%.
- [c13] 13. A composition according to claim 3, wherein a cosmetically acceptable delivery system or a carrier base can be selected in the form of a lotion, cream, gel, spray, thin liquid, mask, serum, solid cosmetic stick, balm, salve, collodion, impregnated patch, impregnated strip, skin surface implant, and any other such cosmetically or pharmaceutically acceptable topical delivery forms. The cosmetically or pharmaceutically acceptable delivery system can also be traditional water and oil emulsions, suspensions, colloids, microemulsions, clear solutions, suspensions of nanoparticles, emulsions of nanoparticles, powders, or anhydrous compositions.
- [c14] 14. A composition according to claim 3, wherein addi-

tional skin beneficial compositions, such as emollients, moisturizers, antioxidants, skin surface cleansing agents, surfactants, foaming agents, emulsifiers, exfoliating particles, botanical extracts, skin soothing agents, antibacterial agents, anti-wrinkle additives, anti-aging compositions, skin smoothing agents, UV absorbers, perfumes, colorants, preservatives, stabilizers, mica pigments, antioxidants for rancidity control, and such can also be included.

- [c15] 15. A composition according to claim 4, wherein collagen boosting composition can be from 0.0001% to 50%.
- [c16] 16. A composition according to claim 4, wherein anti-inflammatory composition can be from 0.0001% to 20%.
- [c17] 17. A composition according to claim, wherein microcir-culation enhancement composition can be from 0.0001% to 10%.
- [c18] 18. A composition according to claim 4, wherein emollient composition can be from 0.0001% to 50%.
- [c19] 19. A composition according to claim 4, wherein a cosmetically acceptable delivery system or a carrier base can be selected in the form of a lotion, cream, gel, spray, roll-on, glide-on, thin liquid, mask, serum, solid cosmetic stick, balm, salve, collodion, impregnated patch,

impregnated strip, skin surface implant, and any other such cosmetically or pharmaceutically acceptable topical delivery forms. The cosmetically or pharmaceutically acceptable delivery system can also be traditional water and oil emulsions, suspensions, colloids, microemulsions, clear solutions, suspensions of nanoparticles, emulsions of nanoparticles, powders, or anhydrous compositions.

[c20] 20. A composition according to claim 4, wherein additional skin beneficial compositions, such as emollients, moisturizers, antioxidants, skin surface cleansing agents, surfactants, foaming agents, emulsifiers, exfoliating particles, botanical extracts, skin soothing agents, antibacterial agents, anti-wrinkle additives, anti-aging compositions, skin smoothing agents, UV absorbers, perfumes, colorants, preservatives, stabilizers, mica pigments, antioxidants for rancidity control, and such can also be included.